

Professional Health Being: Importance and Benefits to Avoid Engineers Sudden Death



DATE:
27TH SEPTEMBER 2023

DAY:
WEDNESDAY

TIME:
4:00 P.M. - 5:00 P.M. (1 HOUR)

PLATFORM:
ZOOM (ONLINE)

CPD: N/A

*****FREE REGISTRATION*****

By:
Dr. Sathvinder Singh

Consultant Cardiologist & Electrophysiologist
Assunta Hospital
Petaling Jaya, Selangor

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Speaker's Background

Dr. Sathvinder Singh, a Consultant Cardiologist & Electrophysiologist to Assunta Hospital.

Dr. Sathvinder completed his subspecialty training in Cardiology under the Ministry of Health Malaysia. He is trained specifically in Cardiac Electrophysiology and Cardiac Device implantation and has well established himself as an authority in the diagnosis and treatment of cardiovascular conditions.

He had conducted numerous medical research and published articles in both local and international journals. Similarly, he had attended courses, trainings and congresses to enhance his skill.

A notable mention about Dr. Sathvinder is that he is a recipient of Anugerah Perkhidmatan Cemerlang Negeri Kedah.

Synopsis

Engineers & Longevity

Discover the vital significance of prioritising professional health in a compelling talk tailored for the Institute of Engineers (IEM). Delve into the tangible benefits that stem from maintaining a healthy work-life balance, particularly in contexts like engineering. Uncover actionable insights to evade sudden health-related risks that engineers may face.

By understanding the value of self-care and adopting preventive measures, attendees will gain valuable knowledge to safeguard themselves against potential pitfalls, ultimately fostering a healthier and more fulfilling professional journey.

This webinar talk aims to empower individuals with the tools they need to steer clear of avoidable health-related crises and lead a life marked by longevity and vitality.



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